

I would like my teeth whitened!

Can teeth be whitened?

There are now new techniques and products that can effectively and reliably lighten and brighten your smile.

Tell me all about it!

- whitening gel is placed in a custom made tray and worn at home
- the process usually takes approximately two to three weeks
- the process is stable for about 5 years

Are there any pitfalls?

The process and the products we supply are completely safe. The teeth may become sensitive for a while, but this soon reverses. Old fillings will not bleach so if they don't match after the whitening, they may require replacement.

Is there anything I shouldn't do?

Stop smoking while whitening your teeth.
Avoid black coffee, tea, red wine and curry.
Do not use mail order bleaching products because they are acidic and will harm your teeth.

Smile with confidence!